



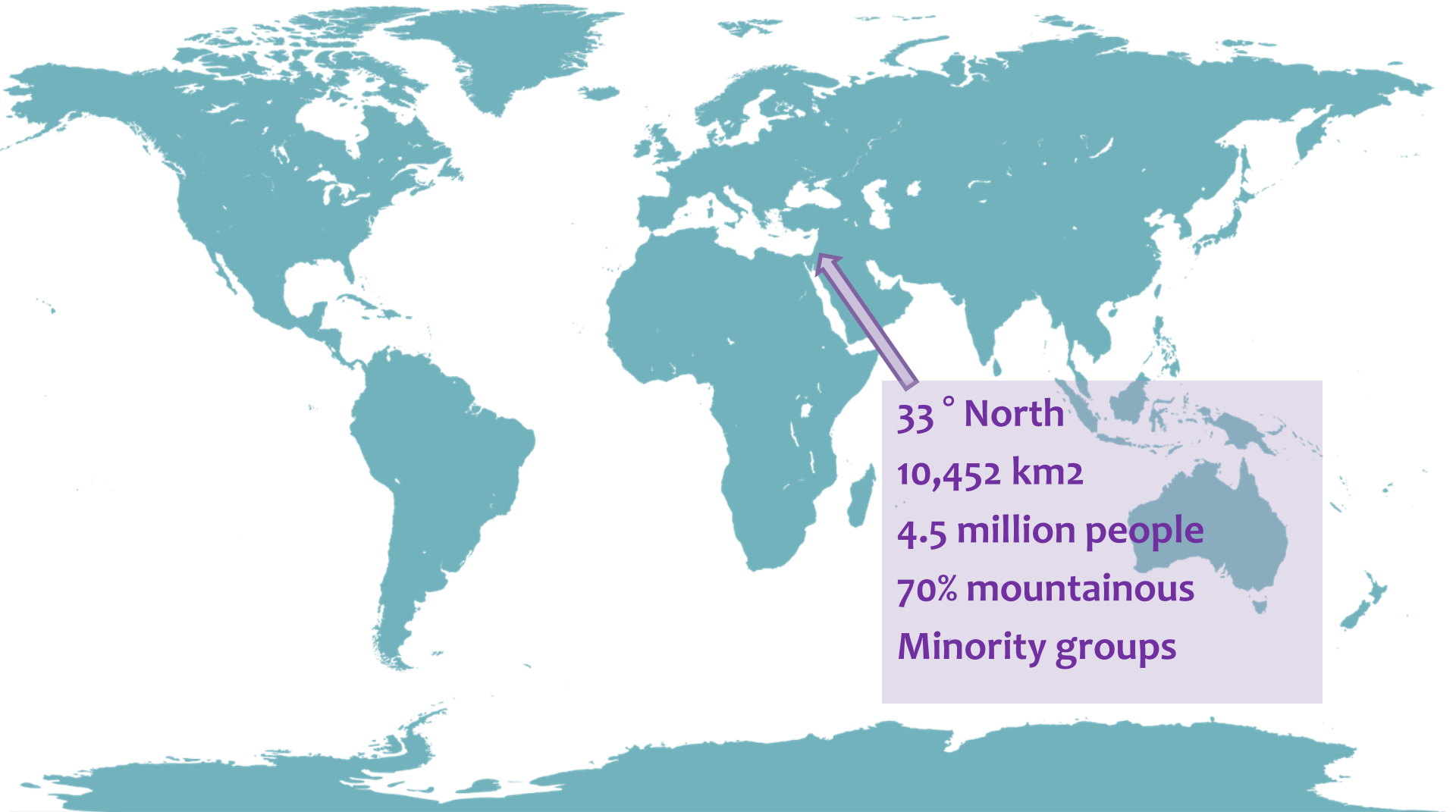
درب الجبل اللبناني
Lebanon Mountain Trail

The Lebanon Mountain Trail

A Trail to a Shared Heritage



Lebanon, a Mediterranean Country



33 ° North
10,452 km²
4.5 million people
70% mountainous
Minority groups

The Lebanon Mountain Trail (LMT)

First long-distance trail in Lebanon!



- ✓ 470 km
- ✓ 27 sections + 4 side trails
- ✓ Elevation 570-2,011 m
- ✓ 75 towns & villages
- ✓ 50 municipalities
- ✓ 1 World Heritage Site
- ✓ 3 Nature Reserves
- ✓ 2 Biosphere Reserves
- ✓ Protected Areas & Bird Areas
- ✓ +70 water springs







Landscape

Landscape





Natural Sites & Resources

Biodiversity





Biodiversity





Habeesh.com

Biodiversity: The Cedar Tree



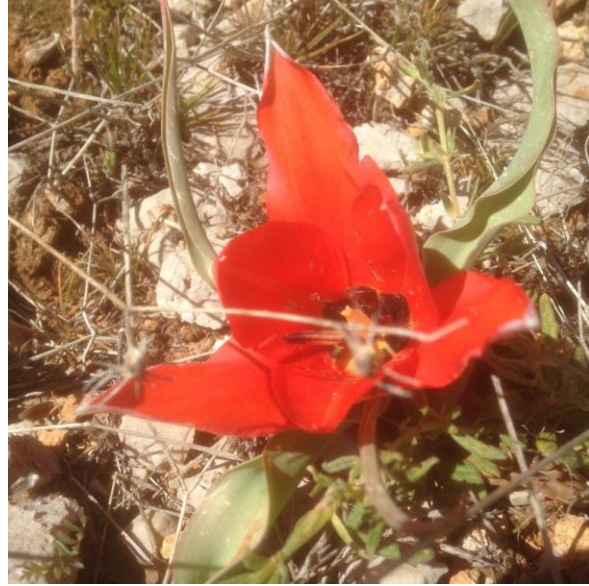
Biodiversity: The Juniper Tree

Biodiversity





Biodiversity

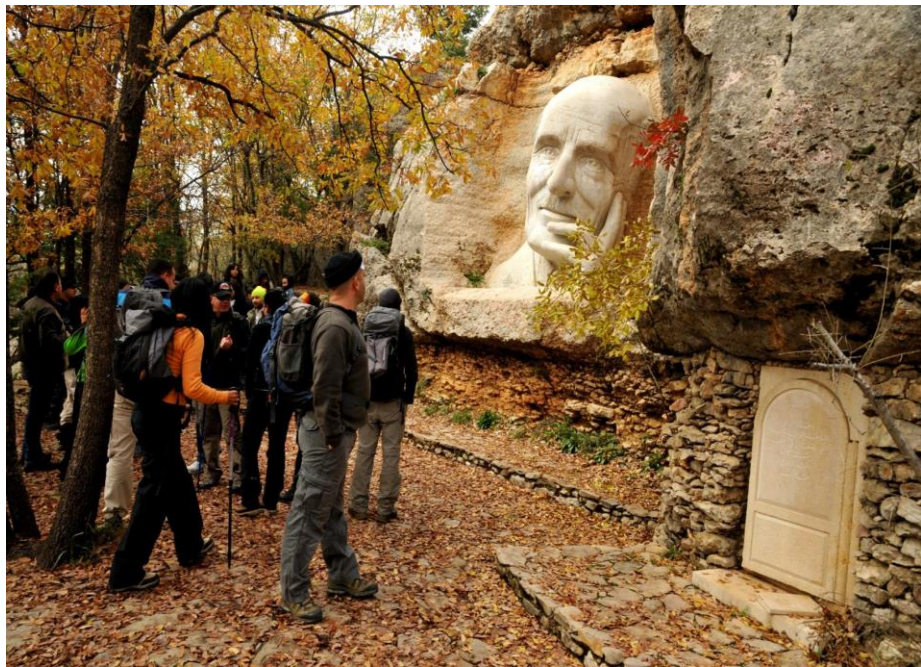


Agriculture





Cultural Heritage



History & Archeology



History & Archeology



Culinary Heritage



People, Food, Hospitality





The LMT Association (LMTA)

- ✓ Develop, maintain and conserve the trail
- ✓ Promote the trail as a responsible tourism destination
- ✓ Develop economic opportunities
- ✓ Protect the natural, cultural and architectural heritage and landmarks near the trail
- ✓ Community development and educational activities



BETA



Sustaining The LMT

ABOUT THE LMTA



COMMUNITY DEVELOPMENT



TRAIL & CONSERVATION



EDUCATION



ADVOCACY & COMMUNICATION



درب الجبل اللبناني
Lebanon Mountain Trail

TRAIL & CONSERVATION



April Thru-Walk & October Fall Trek



Average 250 participants/ 20 foreign nationalities @Thru-walk





Trail Running

Friendship Trails / International Trail Network



 BECOME A MEMBER

 DONATE

MK



Friendship Trails

The Lebanon Mountain Trail Association continues to open new Friendship Trails with organizations around the world. Friendship Trails are a mark of friendship and international cooperation between two organizations.

The LMTA currently has 5 Friendship Trails:

[Bruce Trail Conservancy](#) - Canada

[Jeju Olle](#) - South Korea

[Trilha Transcarioca](#) - Brazil

[Crans Montana](#) - Switzerland

[Sendero Pacifico](#) - Costa Rica



Friendship Trails



Bruce Trail
CONSERVANCY

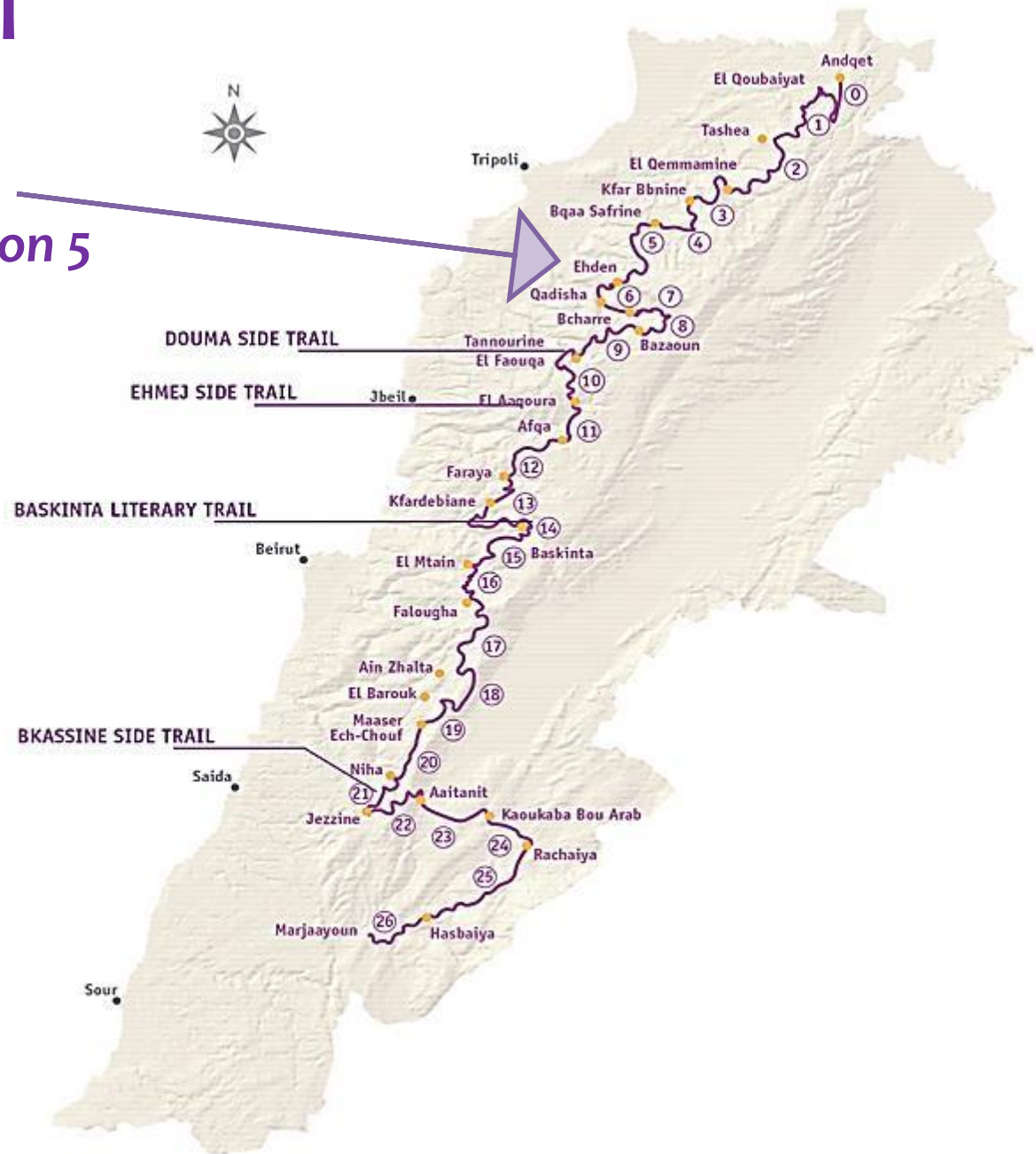


درب الجبل اللبناني
Lebanon Mountain Trail



Friendship Trail

*Bruce Trail Conservancy
Twinned with LMT Section 5
In Ehden*



Friendship Trails / International Trail Network

Jeju Olle (South Korea)



Transcarioca (Brazil / Rio)



International Trail Network

WHEN YOU'RE AN LMT AMBASSADOR



DESMOND ASTLEY-COOPER

UK Ambassador

Together with Paul Khawaja, ex-board member of the LMTA, we gave a talk illustrated with slides and a short video at the Athenaeum Club in Central London under the auspices of the British Lebanese Association on the 10th of November, 2015. The subject was the Lebanon Mountain Trail Association and the work it is doing to promote rural tourism and preserve the countryside with its flora and fauna. It was well attended and ended in a spirited questions and answers session.

Since then we have continued our discussions with other associations and groups, with a view to promoting hiking in Lebanon as well as to holding a gala to raise funds for the LMT.

I also visited the World Travel Market held at the Excel Centre at the suggestion of LMTA President Nadine Weber and made contact with hiking groups in the region, as well as with the Lebanese Stand.



JEAN PIERRE CRESSOT

France Ambassador

I was an end-to-end hiker on the April 2016 Thru Walk and I have produced a 25-minute video of the people we met and the scenery we saw. My plan is to use it as a presentational tool to introduce the LMT to hiking clubs and associations in France.

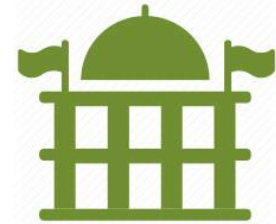
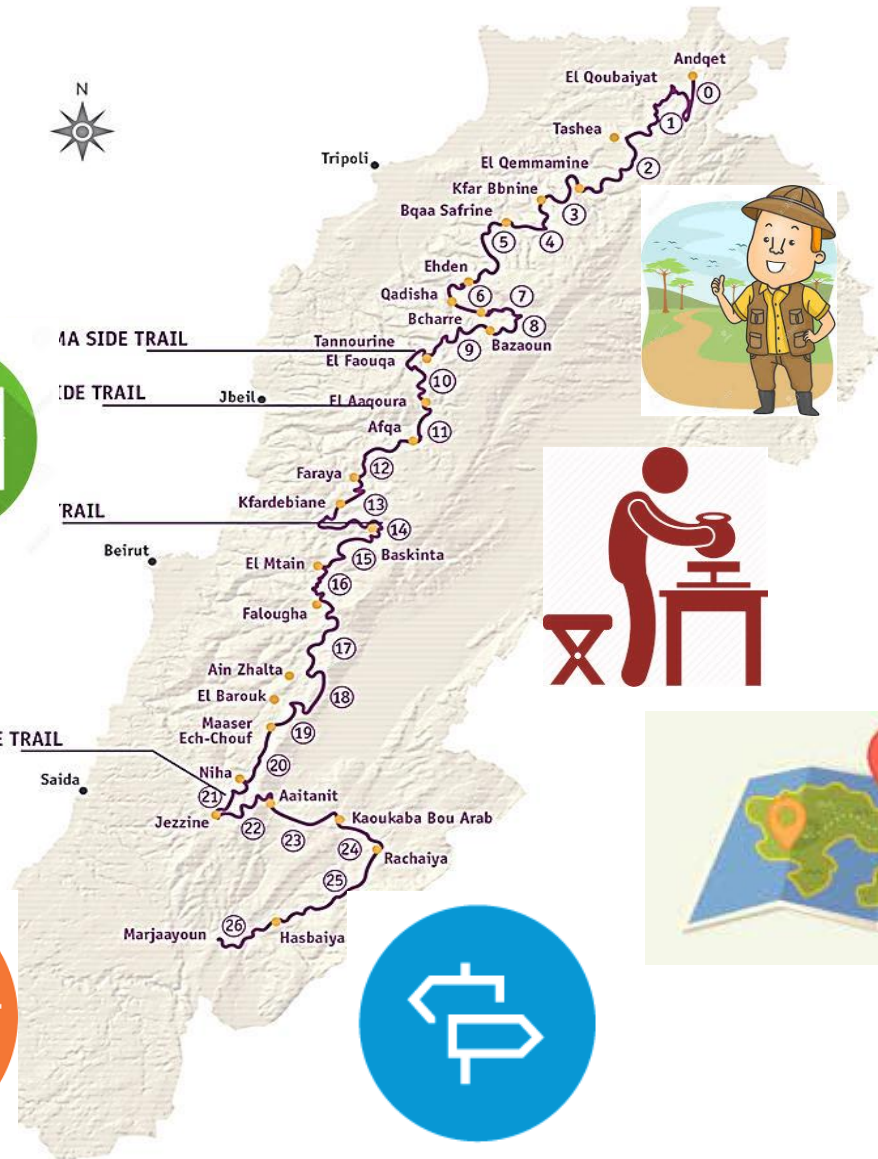
The video is on YouTube and can be seen and used by anyone. It's entitled Grande Randonnée au Liban avec LMT, Avril 2016.

In March 2016, I started discussing the LMT with well-known sponsors, hoping to be able to raise funds for the LMTA.



COMMUNITY DEVELOPMENT

Developing the LMT Value Chain



بجمعية درب الجبل اللبناني
والمشاركين الكرام
أهلاً وسهلاً
بلدية جديدة مرجعيون

Engage the Local Communities



Create Economic Incentives

TRAINING

of Local Guides...



TRAINING

of Local Guides...

BETA



درب الجبل اللبناني
Lebanon Mountain Trail

All sections



DONATE

BECOME A MEMBER

MK



1 Boot : Completed LMTA 2016-2017 training



2 Boots : Completed LMTA 2016-2017 training with merit



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EDUCATION

EDUCATION & YOUTH

Environmental Championship Program



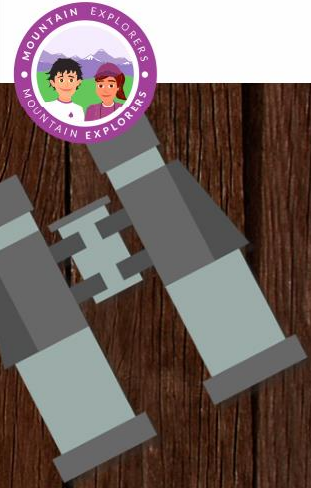
Trail to Every Classroom



Mountain Explorers!



ABOUT MAP RESOURCES



Created by
جرب الجبل اللبناني
Lebanon Mountain Trail

Fondation pour le développement durable
des régions de montagne

Funded by
Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra
Embassy of Switzerland in Lebanon



Supported by
Ministry of Education
and Higher Education



FOREST

EXTRA CURRICULAR ACTIVITIES

TEACHERS GUIDE

RESOURCES

DEFORESTATION



Tools and Solutions

PLAY THE GAME

EXTRA CURRICULAR ACTIVITIES

ACTIVITY FO-1 - MEASURE TREE HEIGHT



ACTIVITY FO-2 - ...



ACTIVITY FO-4 - PLANT A TREE IN YOUR SCHOOL



ACTIVITY FO-3 - EXPLORING THE FOREST



MANY CHALLENGES...



Disfigured landscape (the Cedars of Lebanon)

**HIKE IT.
PROTECT IT.**
مشي لتحمي



**HIKE IT.
PROTECT IT.**
مشي لتحمي

www.lebanontrail.org



- ✓ Hike with us 😊
- ✓ Exchange & Collaborate
- ✓ Initiate a Friendship Trail
 - ✓ Become a partner
 - ✓ Become an LMTA member